

The Lucknow Project

Offering **The Yoga Of Chanting** 

The Lucknow Project", a band of International Kirtan Leaders in Love with this Moment! For more than 25 years they have been attracted by and dedicated to Devotional Music. As a group they met 7 years ago in Byron Bay and since then have been continuously invited to hold Chanting Events for Spiritual Leaders, Yoga teachers, healers, Bhakti Yoga practitioners and seekers of peace from around the world.

Sangeeta: vocals/percussion

Asakti: vocal/harmonium/guitar

Kunda: vocal/guitar

Dinesh: percussion/didgeridoo

GOLD COAST YOGA CENTRE

37/2 8th Ave Palm Beach Qld

LAST SUNDAY OF EACH MONTH

(Starting last Sunday of February 2011)

6.00pm

\$10 (Suggested Donation)

"Revealing our hearts to ourselves, hear it mirrored in our voices, can wake us up into the love that is, that we are, awakening us to remember the flavour of the inner chamber and invite us to live from here. Kirtan is a raft of music into the heart, and into the present moment."

(Sangeeta: Art of Healing Magazine Dec/Feb 2011)

"The latest discoveries in neuroscience confirm the healing power of sound, of devotional singing in particular. Chanting awakens all the physical and energetic psychic centres, stimulates the immune system and the emotional body..."

(Sylvia Nakkach, MA, MMT, award winning composer, music healer and founding director of Vox Mundi School)

For information contact

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